

Friendship Alliance

PROMOTING FRIENDSHIP IN WOKINGHAM BOROUGH



Welcome to the Friendship Alliance's newsletter sharing local activities, groups, events, and services.

28th April 2021

Updates

Wokingham Library is now open - Including several other libraries throughout the Borough, but please check the website linked below for more information.

[Find Out More](#)

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Age Concern Twyford opened on the 21st April - Offering a range of services from befriending, handyperson, chiropody, exercise programmes, support groups, wheelchair hire and more.

[Find Out More](#)

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Events

Authors Online: Simon Brett - With Wokingham Library, Simon Brett will be joining us to talk about his career as a writer.

Where: Online

When: 13th May @ 19:00 - 20:00

Contact: libraries@wokingham.gov.uk

[Find Out More](#)

Groups & Services

Wokingham Adult Education - Free courses on a variety of topics including money management, help your child with maths and understanding anxiety.

Who: For those that live in Wokingham Borough and are over 19 years of age

Where: Zoom

Cost: Free

Contact: 0776 738 0722 or 07785 314603 or adulteducation@wokingham.gov.uk

[Find Out More](#)

Woodley Allotment Group - A relaxed, welcoming and fun allotment group that meets every Tuesday.

Where: Woodley Allotments, Reading, RG5 3AA

When: Tuesdays @ 11:00 - 13:00

Contact: Liz on 07760958668 to book a place.

[Find Out More](#)

Exercise

Coffee & Chat: Qigong - Run by Cancer Champions, discover the ancient practice of Qigong. After the initial session, Maddy will be offering a 4 week

programme.

Where: Online

When: Tuesday 4th May @ 11:30

Contact: maddybayley@hotmail.com

[Find Out More](#)

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Nordic Walking - Run by Cancer Champions, a 6 week beginners Nordic Walking programme for those affected by cancer.

Where: California Country Parks, Wokingham, RG40 4HU

When: 10th May - 21st June

Contact: Ruth Aaron on 07961 356207

[Find Out More](#)

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If you know of any groups, services or events and would like us to promote them in our newsletter, let us know!

jayne@linkvisiting.org

07464 834949

Brought together by these local charities:

